

## Closing the gap in oral health



I'm constantly reminded about the enormous gap that exists between the oral health care we all take as normal here in the UK and the crudely basic service that most people in the developing world

have on offer. It's quite hard to put this over in a talk or even in this newsletter but hearing first hand from Dave Effamy, our Engineer, about his recent Ugandan experiences brought it home yet again. We have enormous respect for the oral health workers who work in remote and difficult locations to bring health and relief to their communities and we are committed to helping them.

Dentaid therefore brings together all those who share this desire and in this

issue of the newsletter we mention just some of the volunteers who help us here in our Landford office. Add to this the network of volunteers around the UK who help with fundraising, speaking and other valuable tasks and we continue to close the gap in tangible ways.

Such as our new Community oral health programme in Bangladesh, this will shortly be underway. We continue to build some very varied initiatives with our partners in Cambodia; these will be the focus of our stand at the BDA and helps us clearly illustrate to all who visit, the breadth of work across all our strategic objectives that is taking place in order to close that gap.

We hope you will join with us in whatever way you can, because it will be a positive experience all round, as Sally Reading's story on page 2 illustrates.

*Andy Jong*

## In this edition

**P1 - Uganda Training report**

**P2 - Cambodia focus and volunteer spotlight**

**P3 - Fundraising updates**

**P4 - Project appeal**

## Stop Press..Stop Press..

- **2 team places left for Dentaid golf day**
- **Get your place for the Great South or Great North Run**
- **Sign up for the 2011 Dentaid Challenge to India**
- **Win a Fiat 500 for just £2**

# Uganda Training Report

**Back in 2006 Dentaid undertook its first overseas training for Hospital maintenance personnel from all over Uganda and Rwanda.**

This was a 2-week training programme to look at repairing and maintaining all the equipment Dentaid had previously supplied to these countries. The training course was held at the Mildmay centre in Kampala Uganda. Chris and Polly Barton were instrumental in this 2006 training course and last March we had an email from Chris on his return from Uganda. He reported that the dental projects supported earlier could really benefit from some TLC and some more personnel being trained in the maintenance of equipment.

Dentaid put an appeal out ..... which was readily taken up by Dr Clive Power, a soon to be a retiring dentist, who funded the project and joined Dentaid's Senior Engineer, Dave Effamy on the trip. The

aim was to repair and maintain as much equipment as possible whilst delivering key training in the maintenance of this equipment.

The trip would take them to 11 surgeries in 7 hospitals all the way across Uganda and the length of Rwanda. In total over 1000kms were covered by road and much of it on bumpy, pot hole filled dirt tracks. It was definitely an adventure!



The trip was slow going at times

When the team picked up the vehicle it had no windscreens/brakes but after a quick refurbishment they were ready to go. Some of the equipment seen at the surgeries was 10-15 years old but Dave was happy to see most of it was only suffering from minor faults.

The average amount of work that was being conducted by surgeries was about 400 people per month which really showed the value of Dentaid's work. A compressor that hadn't worked properly in 3 years, Dave and Clive got going in 1 day thus vastly improving the work that could be conducted by the surgery.

In total 6 engineers, 8 dentists and three assistants were trained in the maintenance of equipment. The significant outcome of his trip was the requirement that was seen to train the dentists/assistants in the very basic day to day equipment maintenance as the access to engineers was sometimes limited.

# Spotlight on some of our volunteers



As you know, Dentaïd relies on our volunteers and we have many dotted around the UK helping us in so many ways. Here are a few of our Landford based volunteers, and a bit about what they do for Dentaïd.

**Carol** - an ex-journalist, Carol is lending her talents to writing press releases and supporting Diane and Rosemary with their PR efforts. Within the last few months alone we have seen an increase in press coverage, which all helps to spread the word.

**Pat** - Our Web guru. Pat is responsible for updating the Dentaïd website and has succeeded in getting Dentaïd its very own facebook page. Become a Dentaïd friend for updates on what's happening.

**Sue** - has taken on a huge task, of dealing with initial enquiries and chasing up past projects looking for feedback. We like to be able to feedback to our supporters how projects are getting on after the equipment is installed and so Sue is on the case.

**Terry** - one of our many workshop volunteers, who is now working with Dave on further research and development of new products to compliment our portable chair. At the moment he is working on portable lights and suction units.

As you can see, our volunteers bring with them a wide range of different skills, so if you think you can bring something new to Dentaïd, please give us a call on 01794 324249.

## Campaign for Worldwide Smiles - Bangladesh

By the time you read this we expect to have received news from Dr Hannan at Sapporo Dental College and Hospital that the MSC Savona has docked at Chittagong and the surgeries, portable chairs, oral health teaching aids and other items for their community oral health programme have been delivered. If so, we will have achieved this in excellent time given that the funding was only confirmed at the end of last year.

The amount raised with Oral B is a fantastic £57,675, all of which is designated for this new programme. We have sent out an initial grant to

facilitate the setting up. Dr Hannan and his team are busy sorting out and preparing premises from which to operate, recruiting those who will be working as oral health educators, and purchasing items needed to get the programme underway.

Our plan is that this will be the start of a sustainable programme that will bring enormous benefit to people who will have never before been able to see a dentist or been taught basic oral hygiene practices.



## Focus on Cambodia

**We have reported on many different Dentaïd projects in Cambodia and 2011 is set to be a busy one for us in Cambodia.**

Thanks to very active local contacts in Cambodia, Dentaïd has supplied equipment to dental clinics and a dental nurses' college in the capital. The next step for the charity was to set up the Smiles and Hopes project to raise funds for dental and medical care for children living in orphanages in Phnom Penh.

We have recently launched a pilot student elective project. The Sheffield student elective scheme will be matched with contacts in Cambodia, and we will be looking to roll this out later in the year.

We have support from James Goolnik who is donating the profits from his book "BRUSH" to support two dental surgeries in Cambodia.

Through the Global Child Dental Health Taskforce we continue to source autoclaves which will be sent out to projects throughout Cambodia.

We have been working for the past couple of years with the NHS South Central Deanery Education Dept. and the Maddox Jolie-Pitt Foundation (MJP) in Cambodia. Our role has been to help develop an oral health programme as part of the MJP Community Development programme in Smlaut, rural NW Cambodia. A dentist on the NHS Training/development scheme has recently returned from Cambodia having spent six months working on the first phase of training and preparing the ground for a future oral health programme. We are looking for a volunteer for a 3 month period this summer to actually set up the programme if funding can be found.

**For further information on any of these projects please check out the Dentaïd website at [www.dentaïd.org](http://www.dentaïd.org)**



## Practice manager Sally takes Dentaïd equipment to Kenya

**After fundraising for Dentaïd over a period of seven years, for her latest fundraising challenge, practice manager Sally Reading was able not only to finance an entire Kenyan project, but also to take the equipment out to Nyahururu in November herself!**

She and her dentist, Dr Peter Crowther, from Aberystwyth, arrived at Nairobi airport in November and were met by

dentist Ben Mburu of Pan African Christian Exchange (P.A.C.E.), who provide static and mobile dental clinics for the

aged, HIV/AIDS orphans and children with disabilities. P.A.C.E had requested from Dentaïd a portable dental chair, suction unit, non-electric steriliser, ART and OHE modules and instrument kits to enable them to expand their services and to initiate an oral health education programme.

Sally said "It was an amazing time and we helped so many people. Considering there are around 164,000 people in the area it was only a drop in the ocean, but we gave the smile back to the people we did see. I am looking forward to returning and seeing how the clinic has developed and how the portable dental chair is being used to help the community. I intend to raise money for an autoclave and basic filling materials and I will return as soon as I am able. There is so much more that could be done and I hope to encourage others to join me."



Sally Reading in Kenya

# Last chance to sign up for our India Trip

**On October 1st this year, a group will be travelling to India with Dentaïd, for the trip of a lifetime. We will challenge ourselves with a 4 day trek over the beautiful West Bengal mountains and volunteer our time in a dental surgery recently provided by Dentaïd.**

Recently a group undertook a similar trip to Vietnam and our volunteers achieved so much. As well as much needed dental treatment, the team had set up an area offering Oral Health Education and Nutrition advice. This was one of the biggest successes of the trip, as on day 1 of the clinic, one of our volunteers did a sterling job of teaching, with the help of a translator. Subsequently that

same translator took over the sessions and would not let anyone leave without showing them how to brush and giving advice on diet before handing out the toothpaste and toothbrushes. This really is what Dentaïd is all about. Not simply turning up and helping for a few days, but to help give the skills needed for the local community to help themselves.

## We saw 211 patients in one day

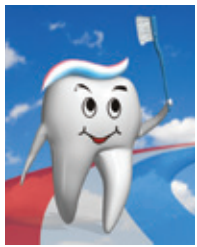
The event will be a life changing experience as not only will you have the chance to experience the wonders of India, challenge yourself to a 4 day mountain trek, and soak up the history of this amazing country, you will also be able to volunteer in a Dentaïd supported project.



We will be able to work as part of the local team and help hundreds of children to be pain free.

The equipment is being shipped to India in May so should be all set up for our arrival.

You don't need to be a dentist, dental nurse or hygienist to take part however. Last year we had 3 dentists, 3 dental nurses, a beautician, roofer and a chartered surveyor!! And everyone had a role and task to do and were a vital part of the team.



## Challenge yourself and give the gift of a smile

**Dentaïd has once again secured places for this years Great North and Great South Run.**

The Great North Run is in its 31st year and is the premier running event of the year and the worlds most popular half marathon. It will take place on September 18th.

The Great South Run is now firmly Europe's most popular 10 mile race. The date this year is October 30th

We know times are tough at the moment and so we have dropped the minimum sponsorship for this year and are simply asking our runners to raise as much as they can. So its over to you. We only have 10 places for each race, so be quick and book your place now. Email [diane@dentaïd.org](mailto:diane@dentaïd.org) to book your place.



## The small car draw is back.....

**For the past 2 years Dentaïd supporters helped us raise valuable funds by buying raffle tickets for only £2 with the chance of winning a brand new car.**

You could be the proud owner of a brand new Fiat 500, and for every £2 ticket you buy, £1.90 comes straight to Dentaïd.

The Fiat 500 has been donated by Zurich Insurance and it costs Dentaïd nothing to participate. This years raffle is now underway and you can buy your tickets right now online. Simply go to

<http://www.smallcharitycardraw.co.uk/tickets.php?id=daïd>

or go to [www.dentaïd.org](http://www.dentaïd.org) and click on the car.

*Good luck to you all.*

## Join Dentaïd for a night of Magic

**Due to the complete sell out of the Dentaïd Christmas Ball last year, we have decided to hold two!**

However we have decided to leave the security of the Landford office and are travelling up North to hold an amazing ball in the UK's only Medieval Castle, Peckforton Castle.



You can join us for a truly magical evening on Friday 2nd December at

the stunning Peckforton castle for £500 for a table of ten.

Our second Ball will again be held in the beautiful Rhinefield House on Saturday 10th December at the cost of £550 for a table of ten.

**You can register your interest in a table now to avoid being disappointed.**

**For more details contact [diane@dentaïd.org](mailto:diane@dentaïd.org)**

## FORE.....well two actually!

For the eighth year running Dentaïd will be taking over the fabulous Hamptworth Golf Club. This years date is Friday 24th June and with only 2 team places left is set to be another winner.

We do have sponsorship opportunities available this year so contact Diane on [diane@dentaïd.org](mailto:diane@dentaïd.org) to find out more or to book your team place for £220 for a team of 4 players.



# Nkhamenya Community Hospital, Malawi



Existing dental surgery



Mobile clinic queue

**Malawi** is a small landlocked country in South East Africa. It has a population of approximately 12 million with 50% under 15 years of age. According to the World Health Organisation it is the 10th poorest country in the world. 80% of Malawians are subsistence farmers living in rural areas. Nearly half of Malawi's population struggles to live on less than \$1 a day. There are over 1 million AIDS orphans and average life expectancy is just 45 years.

**Oral health problems** are highly prevalent among the population, especially children. 50% of 12 year olds suffer from dental caries and 39% of 12 years olds has periodontal disease. There is an extreme lack of oral health care and consequently poor oral hygiene. The level of poverty is so bad most Malawians do not have the means to travel or to pay for dental care. Dentaid wants to support hospitals and staff who are meeting these great oral health needs

**Nkhamenya Community Hospital** is a 90 bed facility in a rural part of Malawi, 60 km from the nearest district hospital. The hospital serves a catchment area of 45,000 people. The hospital offers dental treatment but it is extremely limited by their very basic facilities. They currently manage to provide basic treatment such as extractions to about 73 people a week. However, the need for dental treatment is so high they are seeking to be able to treat many more people in the future. The hospital also operates mobile rural outreach clinics in seven different areas, providing basic dental care and oral health education.

**The vision** is for Dentaid to supply Nkhamenya Hospital with a full surgery in order that they are sufficiently equipped to be able to provide quality oral health care and education to a larger number of the population, giving much needed relief from oral pain and preventable oral diseases.

## Please sponsor Nkhamenya Community Hospital's dental surgery

Full refurbishment and supply of one surgery	£3000
Crating and shipping to Malawi	£700
Total	£3700