

Trek Toubkal and Morocco for Dentaid!

Oral health charity Dentaid is giving its supporters the incredible opportunity to trek the highest peak in Northern Africa, Mount Toubkal from 17 – 23 September 2008. Reaching the summit of this beautiful mountain will give trekkers an unrivalled 360 degree view of Morocco, the Atlantic Ocean, the Sahara Desert and a feeling of immense achievement.

The seven day adventure will also give the group the opportunity to spend a full free day to explore the colourful and vibrant city of Marrakesh. This city is full of life and will be a complete contrast to the peace of Mount Toubkal. There will also be the chance to visit the souks where the group can shop in the bustling environment, sample the local food at the food stalls and be entertained by buskers, magicians, acrobats and snake charmers in the square, Djenmma el Fna. Although Morocco is only a few hours away from the U.K. Dentaid supporters will experience a new and exciting culture.

As we trek to our ultimate destination, the pyramid at the summit of Toubkal, we will be taking in the traditional Berber villages that seemingly cling to the sides of the mountains, like they are carved into the red, rugged rock. We will also see the fertile valleys and deep gorges that are part of the Toubkal National Park. The group will be accompanied by a guide, medical staff and a Dentaid representative throughout the journey. On many of the trekking days mules will also accompany us to carry a large proportion of the group's luggage.

Dentaid's chief executive, Luke Wordley commented, "We are very excited to be able to offer our supporters the opportunity of an adventure like this. Climbing 4167m to reach the summit of Toubkal is no mean feat but will be an amazing experience for all involved. Our supporters always get behind our challenge events and regularly help us raise significant amounts of money that can make a real difference to the oral health and the lives of so many people."

To take part in this adventure all Dentaid supporters need to do is raise £1,899 plus a deposit of £150 to secure your place. In addition airport taxes will be confirmed and due for payment six weeks prior to departure. At least £1,000 of the money raised will go to Dentaid after tour costs. Please do not be put off by the amount needed to take part. The Dentaid fundraising team have helped over 120 people raise the sponsorship needed for a Dentaid overseas challenge. Many supporters find with our help they often exceed their targets with ease.

Overseas challenge events play a big part in Dentaid's fundraising and allow us to continue our vital work throughout the world. Our vision is a world in which everyone has the opportunity to enjoy good oral health and has access to safe, effective and affordable health care and by taking part in this trek supporters can help us to achieve this.

If you would like to Trek Mount Toubkal in Morocco or for further information please contact Felicity for an application pack on 01794 324249 or email felicity@dentaid.org.