

Sally's freefall for Dentaïd

Dentaïd supporter Sally Reading raised £1166.37 doing a sky dive for Dentaïd... Sally tells of her fears and ultimately her 'high flying' experience ...

"Doing a 10,000 ft skydive was fantastic, I was going to do a 3,000 or 4,000 static line, but then I thought why not go the whole hog and get the free-fall part as well, so I did. The instructor was really nice, I'd had a nightmare the night before my jump, where I came away from my jump buddy when we pulled the cord for the shoot to open – I told my instructor this as we were getting ready and he showed me the clasps which were going to hold me to him and it did reassure me. I knew I was being daft anyway but when your scared of heights I suppose you think these things!

It took about 25 minutes to get up to 10,000 ft. It was amazing looking out especially when we got above the clouds it was so pretty and the sun was shining! It felt quite amusing sitting on some strangers lap with a cameraman between my legs just so we could fit in the plane.

Then it was time to jump...

We sat on the edge of the doorway and got into position as taught in our instructor session. Then we were out, free falling for 500 ft. It was an amazing sensation of falling with nothing around you... through the clouds...it got really cold on my face, but surprisingly not wet. Then we briefly came out of the clouds and you could see fields in front of you. Then we shot up for a split second as the parachute opened and glided down to earth. My instructor even allowed me to guide us down! We did a few quick turns so we could zoom over my family and friends it was an amazing view. The landing was good too, despite the cross winds. It only took about 11/2 minutes to reach the ground. It was all just amazing and I would recommend it to anyone. The funny thing is I am still petrified of heights and I can't even climb a ladder. It must be because in a funny sort of way I felt safe being attached to someone who does it all the time!"
