

**Coast to Coast
5 – 7 September 2007**

Terms & Conditions

1. To take part in this fundraising event, you must complete a registration and medical form.
2. By registering to take part in this fundraising event, you are pledging to make every effort to raise a minimum of £250 for Dentaid.
3. Should you have to withdraw, all sponsor forms and monies should be forwarded to Dentaid.
4. The registered team must be at least 17 years old on the day of the bike ride. (Under 17s must be accompanied by a legal guardian).
5. Dentaid and Denplan are unable to accept liability for any loss or damage; however arising, or for cancellation of the event for any reason.
6. All participants must not suffer from alcohol or drug dependency.
7. Participation in the event is at your own risk. Dentaid/Denplan accepts no liability for death, illness, personal injury or loss or damage as a result of your participation in the Coast to Coast bike ride. All participants are strongly advised to consult their doctor prior to undertaking any exercise programme.
8. Dentaid may, at their discretion, withdraw you from the bike ride, at any time, if it is believed to be in their / your best interests to do so.
9. Itineraries, routes and schedules may change and other alternations may occur beyond the control of Dentaid.
10. You will be responsible for providing your own personal equipment.
11. You must comply with all health and safety regulations, including wearing a cycle helmet, which conforms to current regulations, wearing appropriate clothes for cycling i.e. light-coloured or fluorescent clothing which helps other road users to see you in daylight and poor light, and reflective clothing and/or accessories (belt, arm or ankle bands) in the dark.
12. You must agree to comply with highway code regulations at all times.
13. All cycles will be subject to a safety check before being allowed to start the ride.